Friday, 15 November 2013
8.00 – 10.00 p.m.
Maharishi Ayurveda: A gentle Medicine for a noisy Time
Celebratory speech
Dr. Ulrich Bauhofer – President of DGA

Saturday, 16 November 2013
Session 1
9.30 a.m.
Successfully applied Therapies in General Practice - with Case Histories
Dr. Wolfgang Schachinger – President of EURAMA

9.50 a.m.
Charaka and Sushruta – the Sources of Ayurvedic Knowledge
Dr. Renate Syed – Private lecturer for Indology at the LMU Munich

10.10 a.m.
Whole medical Systems and Integrative Medicine
Prof. Dr. Andreas Michalsen – Charité - Universitätsmedizin Berlin / Immanuel Krankenhaus Berlin

11.00 a.m. Tea Break
11.20 a.m.
Marma Therapy for Burnout, chronic Fatigue Syndrome and other Disorders
- Introduction into the classic Sukshma Marma Therapy
Dr. Ernst Schrott – Vice President of the DGA

Friday, 15 November 2013
11.40 a.m.
The Perspectives of Ayurveda in Berlin: Research, Politics and Lobbying
Dr. Christian Kessler – Charité - Universitätsmedizin Berlin / Immanuel Krankenhaus Berlin

12.10 m.
How can Ayurveda in India melt with Ayurveda in Europe?
Panel Discussion 1

1.00 p.m. Lunch Break

Session 2
3.00 p.m.
Minimal invasive Ayurvedic parasurgical Measures like Ksharsutra
Dr. Gandhidas S. Lavekar – Former Director General of Central Council for Research in Ayurvedic Sciences (CCRAS), Department of AYUSH, Ministry of Health and Family Welfare, Government of India

3.20 p.m.
MIND-BODY-HEART. The Mind Approach of Ayurveda – Meditation in preventing and treating cardiovascular Disease
Dr. Robert Schneider – Medical College of Wisconsin and Institute of Natural Medicine and Prevention of Maharishi University of Management

4.00 p.m. Tea Break
4.30 p.m. Johannes Warth – Cabaret Artist: 30

5.30 p.m.
Boswellia Acids for autoimmune Diabetes? Results of Animal Experiments
Prof. Dr. H.P.T. Ammon (emer.), Institute of Pharmacy – Pharmacology, Toxicology and Clinical Pharmacy of Tübingen University

5.50 p.m.
How to ensure Ayurvedic Healthcare in Europe?
Panel Discussion 2
6.15 p.m. Break (Group Meditation and Supper)

Sunday, 17 November 2013
10.00 a.m. – 1.00 p.m.
Workshop of the German Ayurveda Academy
Marma Therapy in Theory and Practice
Dr. Ernst Schrott – Vice President of the DGA, Director German Ayurveda Academy
Please note that a separate registration is required.